



OPTIMAL SELF^{MD}

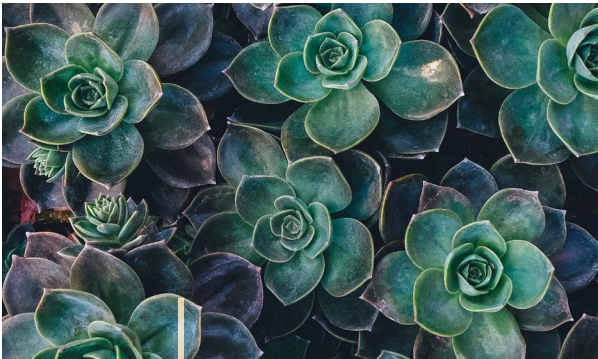
A sepia-toned photograph of a man with a beard and short hair, lying on his back in a swimming pool. His head is tilted back, and his eyes are closed, suggesting a state of relaxation or therapy. The water reflects his face and the surrounding environment. The background shows a dark, textured wall and a concrete ledge.

IV NUTRIENT
THERAPY



IV Nutrient Therapy is a safe and effective way to introduce nutrients directly into the bloodstream to achieve and maintain optimal health. Since the digestive system is bypassed, it allows for greater absorption into cells and tissues.

- Treat Nutrient Deficiencies
- Increase Energy Levels
- Promote Better Health
- Strengthen Immunity
- Enhance Mood
- Improve Performance
- Recovery And Detox



THE OPTIMAL PUSH

.....\$150
This 5-minute IV is packed with vitamins and minerals to provide you with an immune boost and quick energy when you’re in a time crunch.

THE OPTIMAL COCKTAIL

.....\$160
Inspired by the signature Myer’s Cocktail, this IV consists of Vitamins B & C, Magnesium, and Calcium. It is our most popular infusion and is best for first-timers and/or before travel. Perfect for an immune boost and a blast of energy!

THE IMMUNITY IV

..... \$235
The Immunity infusion consists of Vitamin C and Zinc, followed by Glutathione. This infusion is great for immune function, illness, an energy boost, and detoxification.

THE BRAINSTORM IV

.....\$175
Banish brain fog and increase mental focus and clarity with this combination of thiamine, folic acid, taurine and alpha-lipoic acid designed to nourish those neurons

THE INNER BEAUTY IV

.....\$175
Promote circulation to the skin with this infusion of skin - brightening nutrients! This infusion pairs perfectly with a facial at the same time.

THE RECOVERY HYDRATION IV

.....\$175
AKA The Hangover Helper. This infusion provides electrolytes and B Vitamins. Add a nausea nixer (Zofran) or a headache helper (Toradol) for an extra boost.

THE FAT BURNER IV

.....\$175
With a combination of B Vitamins and target specific amino acids, this infusion is great for boosting metabolism, increasing utilization of fat, fuel, increasing ketosis, improving insulin sensitivity, reducing fatty liver and improving gallbladder function.

THE MIGRAINE IV

.....\$160
A combination of hydrating fluids, magnesium, and B6 can help relieve even the toughest of migraines.

NAD+ INFUSIONS

STARTING AT.....\$300
NAD is a B3 derivative that our body makes naturally, however NAD production declines as we age. This infusion can boost metabolism, decrease pain and inflammation, diminish fatigue and brain fog, improve mood, and can help facilitate alcohol detox and weaning off psychiatric medications.

VITAMIN C

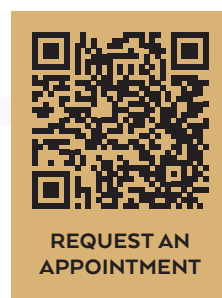
..... \$160 – \$270
Vitamin C is effective at speeding up the body’s healing processes. It lessens pain after injuries, improves energy, and enhances resiliency to infections like colds and flu. High doses help fight cancer. Dosing ranges from 15 grams- 75 grams.

INJECTIONS

- THE SUNSHINE SHOT \$30 (VITAMIN D3)
- THE DETOX SHOT.....\$20 (GLUTATHIONE)
- THE POWER SHOT..... \$30 (CO-ENZYME Q10)
- THE ENERGY SHOT..... \$20 (VITAMIN B12)
- THE FAT BURNING SHOT \$25 (MIC B12)

ADD-ON BOOSTS

- OPTIMAL BOOST.....\$50
- POWER BOOST.....\$35
- VITAMIN C BOOST\$10
- NITR OX BOOST.....\$25
- GLUTATHIONE..... STARTS AT \$50
- METABOLIC BOOST\$40
- MULTI-MINERAL BOOST.....\$15
- RELAXATION BOOST.....\$25
- IMMUNE BOOST.....\$25
- MIGRAINE BOOST\$20
- AMINO BOOST\$35



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